

INDIAN MENTAL HEALTH & RESEARCH CENTRE

&

SHIA P.G. COLLEGE, LUCKNOW

Organizes

5th International Conference

on

**INNOVATIVE STRATEGIES AND
ADVANCEMENTS IN ACADEMICS AND
RESEARCH: NAVIGATING GLOBAL SCENARIOS**



28 - 29 October 2023



Hybrid Mode (Offline & Online)

Registrations Open: 01.09.2023 - 15.10.2023

Last Date of Abstract Submission: 15.10.2023

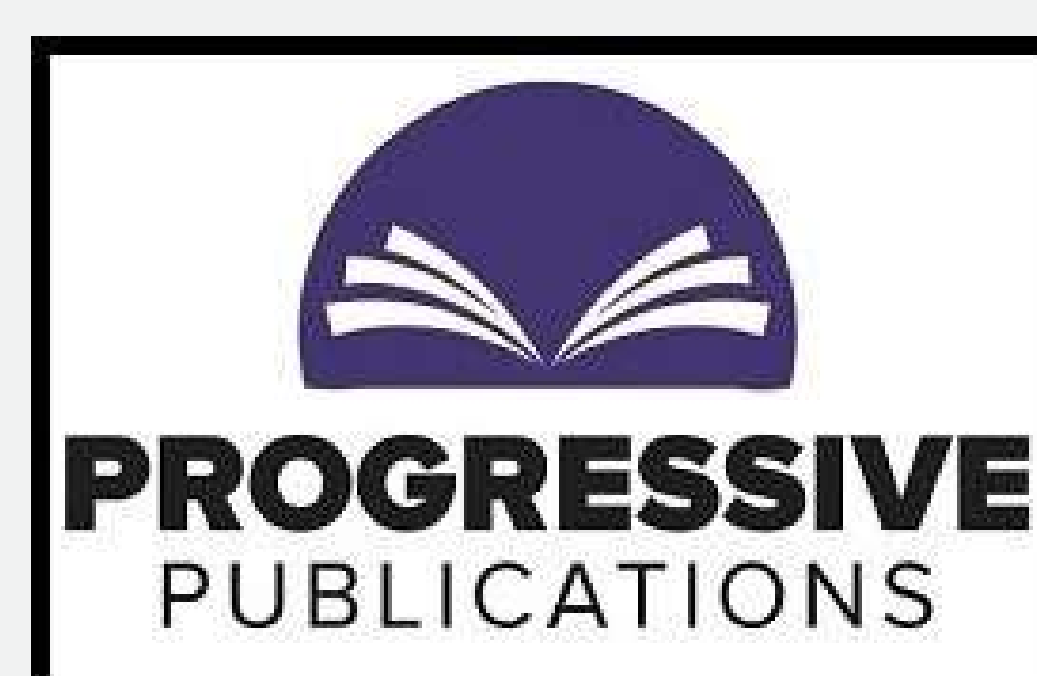
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More Info: www.imhrc.org

ABOUT THE ORGANISERS

ABOUT IMHRC

The Indian Mental Health and Research Centre (unit of IPYF, registered under Indian Trusts Act, 1882) is a pioneer institution dedicated to the care and treatment of mental disorders in India. Founded in 2015, with a commitment to address the mental health challenges faced by the country's diverse population, IMHRC serves as a hub for comprehensive research, education, and clinical services. By fostering collaboration between experts, conducting cutting-edge research & offering evidence-based interventions, IMHRC plays a crucial role in shaping the future of mental health care in India.

IMHRC is member of MHIN-World Health Organisation and Academic Partner of Sikkim Skill University and offers highly specialised **Certificate courses, PG Diploma Psycho Oncology, PG Diploma Clinical Neuropsychology, PG Diploma Child & Adolescent Psychology, PG Diploma Clinical Hypnotherapy & Ph.D in Clinical Psychology, Psychology and other streams.**

IMHRC also publishes **Journal of Advance Research in Science and Social Science (JARSSC)**, a peer reviewed, indexed, multidisciplinary international journal.

ABOUT SHIA P.G. COLLEGE

Shia P.G. College, Lucknow is a 100 year old associated college of University of Lucknow with NAAC 'A' accreditation. Shia College started as a school in 1919. The college rose to the status of an intermediate college in 1922, teaching subjects in Humanities and Social Sciences.

Established with lofty ideals, Shia College has grown from a School to a Post Graduate College within nine decades enrolling about 10,000 students per academic session with nearly 200 teachers and almost the same number of non-teaching staff, currently running U.G. and P.G. courses in Science, Humanities, Commerce, Law, Mass Communication and Journalism.

SCOPE OF CONFERENCE

This inter-disciplinary international conference aims to establish a conducive environment for the convergence of researchers, educators, scholars, & practitioners hailing from diverse backgrounds and locations. The Conference will facilitate discussion and dissemination of the recent developments, methodologies, and paradigm shifts in the academics and research on a global scale.

CONFERENCE FEATURES

- Offline and Online mode
- National & International Speakers
- Keynote Lectures from Subject Experts
- Plenary Sessions
- Research Presentations (Oral/Poster)
- Symposium
- Book of Abstract
- Publication opportunities in Scopus, UGC CARE, Peer reviewed indexed Journals, Edited Book with ISBN

CONFERENCE MODE

Day 1: Physical + Virtual Mode
Date: 28 October 2023 (Saturday)
Venue: Shia P. G. College, Lucknow

Highlights:

- Inaugural Session, Plenary Sessions and Scientific Sessions/Paper Presentations in physical mode (also telecasted on zoom for online participants)
- Breakfast, Lunch, high tea for participants
- Awards & Certificates

Day 2: Virtual Mode
Date: 29 October 2023 (Sunday)
Platform: Zoom

Highlights:

- All Plenary Sessions, Scientific Sessions/Paper Presentations in online mode.
- Valedictory Ceremony

CONFERENCE SUB-THEMES

Innovations and Advancements across-

- Disability & Rehabilitation Sciences
- Mental Healthcare, Behavioural Science & Psychology
- Healthcare, Medical Science & Life Science
- Complementary & Alternative Medicine
- Science, Technology, Engineering & Mathematics (STEM)
- Artificial Intelligence and its integration in other disciplines
- Education, Journalism & Mass Communication
- Business Management, Economics & Finance
- Humanities & Social Sciences
- Human Rights, Public Policy & Law
- Forensic Science and Criminology

DISTINGUISHED PERSONALITIES

Chief Guest



Prof. (Dr.) Waheeda Khan

Professor & Senior Advisor, SGT University Gurugram
Former Head Psychology Department, Jamia Millia Islamia University
Former Director Sarojni Naidu Centre for Women's Studies

Guest of Honour



Prof. Abbas Ali Mahdi

Vice Chancellor
Era University Lucknow



Dr. Devashish Shukla

Chief Medical Superintendent
Kalyan Singh Super Speciality Cancer
Institute & Hospital



Dr. Amit K. Rai

Controller of Examination
Dr. Shakuntala Misra National
Rehabilitation University, Lucknow

Conference Chairperson



Prof. S. Z. H. Zaidi

Director AIBAS, AIRS
Amity University Lucknow

Conference Director



Prof. (Dr.) S. S. R. Baqri

Principal
Shia P.G. College Lucknow

EMINENT SPEAKERS



Dr. Yogeshwer Shukla
Chief Scientist
CSIR-Indian Institute of
Toxicology Research



Prof. Gauri Shanker Kaloiya
All India Institute of Medical
Sciences, New Delhi



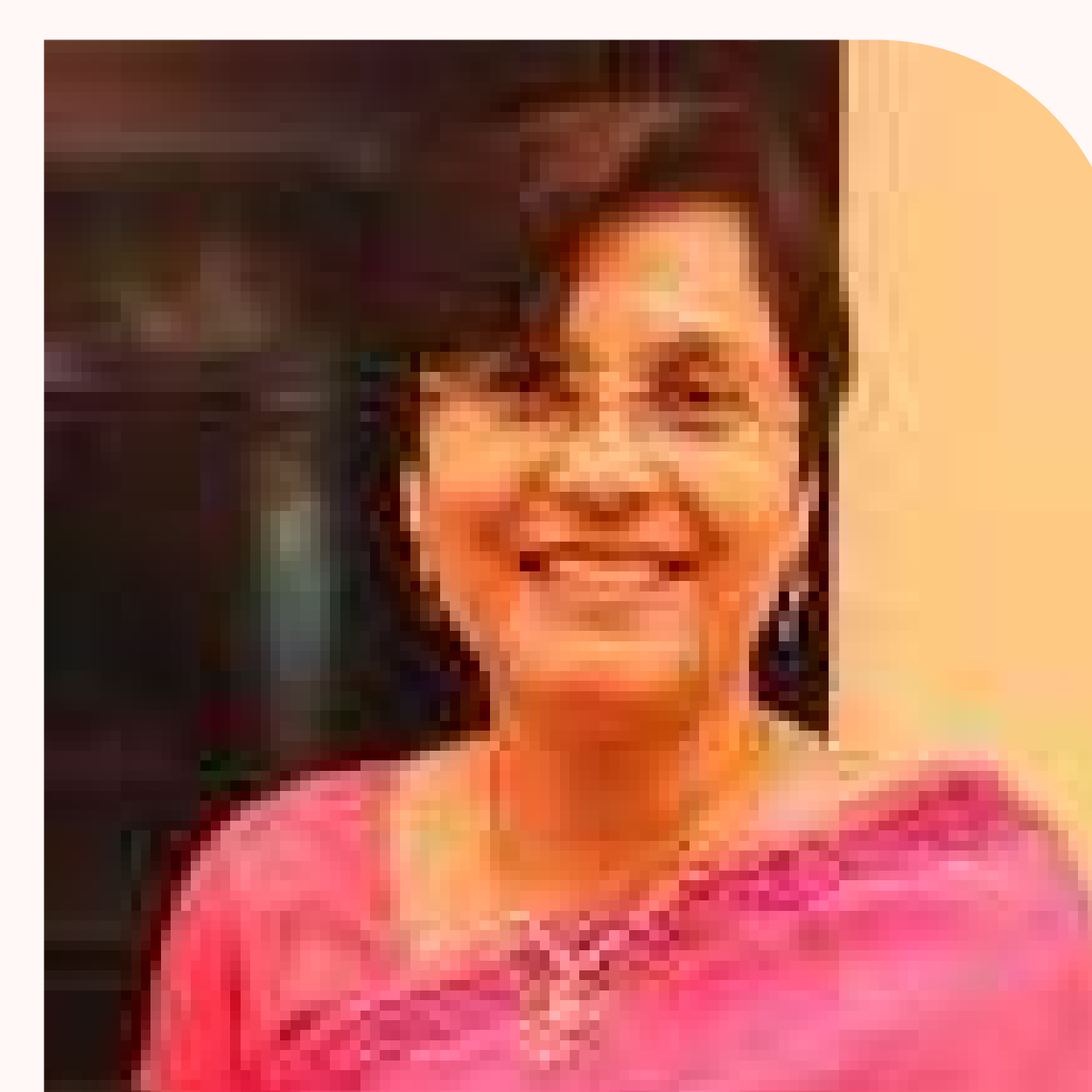
Prof. Raza A. Mir
William Paterson University
USA



Prof. Beatrice Dernbach
Nuremberg University of Technology
Nuremberg, Germany



Prof. Abul Hossain
Chairman
Deptt. of Sociology & Anthropology
Green University Bangladesh



Prof. Madhu Kushwaha
Faculty of Education
Banaras Hindu University



Dr. Archana Shukla
Head, Department of Psychology
University of Lucknow



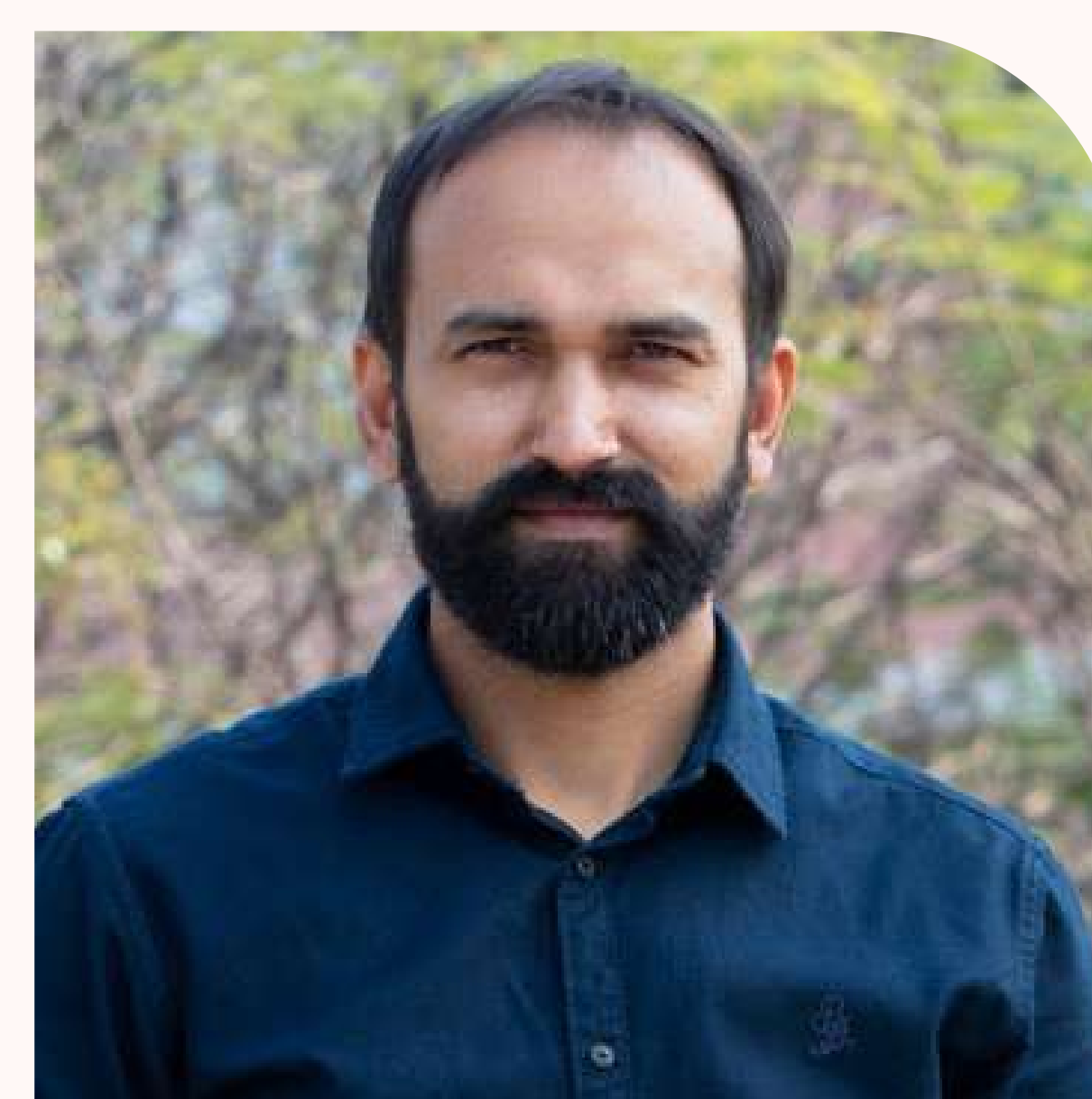
Dr. Ruby Charak
Director UTRGV ACT Lab,
The University of Texas Rio
Grande Valley



Prof. (Dr.) Rakesh Tripathi
Geriatric Mental Health
Department
King George's Medical University



Dr. Sonia Gupte
Director, enso-nia Center for Mind
and Life Transformation,
San Diego, California



Dr. Gagan Prakash
Director Faculty of Media &
Communication
Symbiosis International University

GUIDELINES FOR ABSTRACT SUBMISSION

Participants can submit their Abstracts on any of the Sub-themes of the Conference through online registration form.

FORMAT OF ABSTRACT:

Abstract must include the following:

- i) Title of the Paper (Times New Roman font with 14 font size)
- ii) Author name(s), mention the corresponding author by an asterisk(*), Designation, Affiliation and Email-id.
- iii) Abstract should be in English/Hindi Language, Times New Roman font with 12 font size.
- iv) Word limits: 300 words including keywords.
- v) Abstract should have atleast 05 Keywords.

RESEARCH & PRESENTATION AWARDS

- 1) **Dr. A. P. J. Abdul Kalam Award for Excellence in Research:** Rs 2500 Cash Prize
- 2) **Dr. Kalbe Sadiq Award for Outstanding Research:** Rs 2100 Cash Prize
- 3) **Prof. Mahdi Hasan Award for Best Research Presentation (Theme based):** Rs 1500 Cash Prize
- 4) **Dr. Agha Hadi Masih Award for Best Research Presentation (Theme based):** Rs 1500 Cash Prize
- 5) **Nadeem Azam Memorial Award for Emerging Researcher:** Rs 1500 Cash Prize
- 6) **Sushobhit Yadav Young Clinical Psychologist Award (age limit 35 years):** Rs 1500 Cash Prize

ELIGIBILITY FOR AWARDS

- Abstract and Full Paper should be submitted through email: imhrconference@gmail.com by 10/10/2023.
- All the Authors/Participants must be registered

IMPORTANT DATES

Abstract Submission Dates

- Call for Abstracts: 01.09.2023
- Last Date for Abstract submission: 15.10.2023
- Communication of the Acceptance of Abstracts: 25.10.2023

Registration dates

- Registration Opens: 01.09.2023
- Early Bird Registration till: 30.09.2023
- Last Date for Registrations: 15.10.2023

CONFERENCE FEE PAYABLE IN BANK ACCOUNT

Account Name:

Indian Mental Health and Research Centre (IMHARC)

Current Account Number:

50200036376324

Bank: HDFC Bank

Branch: Malhaur Branch, Lucknow

IFSC: HDFC0009128



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ONLINE REGISTRATION

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CONFERENCE REGISTRATION FEE

Participant Category	Till 30.09.2023	01.10.2023-15.10.2023
Working Professionals & Academicians	₹ 1300	₹ 1500
Ph.D/M.Phil Research Scholars	₹ 1000	₹ 1200
U.G. & P.G. Students	₹ 800	₹ 1000
International Delegates	\$ 50	\$ 60

Note:

Participants having IMHRC Fellowship are eligible for 15% Concession in the Registration Fee.

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Dr. Kritika Rastogi, Christ (Deemed to be University)
Dr. Dhamodharan M, SRM Univeristy Andhra Pradesh

PRE-CONFERENCE WORKSHOPS

PSYCHOSOMATIC CONDITIONS: UNDERSTANDING WELL-BEING FROM A HOLISTIC PERSPECTIVE



Mr. Rajesh J. Singh

Founder CEO
Happiness Solutions

Workshop Highlights:

Psychosomatic conditions refer to physical symptoms that are influenced by psychological factors. These conditions are characterised by the interplay between the mind and body, where emotional or mental distress can manifest as physical symptoms.

- Integrated Model of Living
- Body Syndromes - Psychological aspects of seemingly Physiological ailments
- Preventive vs Curative Approach of Intervention
- Case Studies of Actual Clients who have recovered with Holistic Intervention.

Workshop Features: Hands on training, Digital Certificate of Participation

Date: 27.10.2023

Time: 10:00 AM - 12:00 PM

Participation: FREE

Certification Fee: ₹ 250

Platform: ZOOM

INTERNET OVER-USE AMONG ADOLESCENTS : PREVENTIVE AND MANAGEMENT STRATEGIES



Dr. Abhay Singh

Psychiatrist
Balrampur Hospital, Lucknow

Workshop Highlights:

Problematic use, Dependence
Neurobiology of Addiction

Workshop Highlights:
Psychology of addiction
Prevention and Management

Workshop Features:

Hands on training, Certificate of Participation

Date: 27.10.2023

Registration Fee: ₹ 250

Time: 01:00 PM - 03:00 PM

Venue: Shia P.G. College



Dr. Divya Prasad

Clinical Psychologist
Divy-Manas, Lucknow

APPLICATION OF 'MOTIVATION ENHANCEMENT THERAPY' AND 'RELAPSE PREVENTION THERAPY' IN THE MANAGEMENT OF SUBSTANCE ABUSE



Dr. Geeta Singh

Dept. of Clinical Psychology
Amity University Lucknow
Alumni AIIMS Delhi

Workshop Highlights:

Substance abuse disorders are associated with a number of adverse consequences and high rate of relapse.

Understanding the effective use of evidence-based psychotherapy such as MET and RPT may facilitate the enhanced treatment outcome of substance abuse treatment programs.

Workshop Features:

Hands on training, Certificate of Participation

Date: 27.10.2023

Registration Fee: ₹ 250

Time: 03:30 PM - 05:30 PM

Venue: Shia P.G. College