

IMHRC

POST GRADUATE DIPLOMA IN PSYCHO-ONCOLOGY (PGDPO)

Syllabus

Duration: 1 year

Total Credits: 40

Semester I

Paper	Name of Paper	Credits
Paper I	Introduction to Psycho Oncology	4
Paper II	Biology of Cancer	4
Paper III	Psycho Oncology: Theory and Applications	4
Paper IV	Psychological Impact of Cancer	4
Paper V	Psychology Assessments (Practical)	4

Semester II

Paper I	Counselling Skills and Techniques	4
Paper II	Onco-Genetic Counselling: Skills and Issues	4
Paper III	Psychotherapeutic Interventions	4
Paper IV	Psycho-social Rehabilitation in Cancer	4
Paper V	Field Work -II (400 Clinical hours practicum)	4

Semester I

Paper I: Introduction to Psycho Oncology (4 credits)

- Unit 1: Historical perspectives of Cancer
- Unit 2: Historical perspectives of Psycho Oncology
- Unit 3: Contemporary issues in Psycho-oncology
- Unit 4: Overview of the hallmarks of cancer

Paper II: Biology of Cancer (4 credits)

- Unit 1: Cancer definition
- Unit 2: Morphology of cell
- Unit 3: Carcinogenesis
- Unit 4: Cancer Classification systems

Paper III: Psycho Oncology: Theory and Applications (4 credits)

- Unit 1: Theories of illness
- Unit 2: Health behaviour
- Unit 3: Illness behaviour
- Unit 4: Current trends in Psycho Oncology

Paper IV: Psychological Impact of Cancer (4 credits)

- Unit 1: Impact of Cancer on patient
- Unit 2: Impact of Cancer on Family and caregivers
- Unit 3: Mental health disorders in Cancer patients
- Unit 4: Interpersonal problems in Cancer

Paper V: Psychology Assessments (Practical) (4 credits)

- Teaching and Training of Psychological Assessments used in day to day clinical practice.

Semester II

Paper I: Psychological interventions: Skills and Techniques **(4 credits)**

- Unit 1: Counselling skills and techniques used with cancer patients.
- Unit 2: Psychotherapies in Cancer illness
- Unit 3: Crisis intervention
- Unit 4: Group counselling and interventions

Paper II: Onco-Genetic Counselling: Skills and Issues **(4 credits)**

- Unit 1: Concepts of Genetics
- Unit 2: Genetic Mutations
- Unit 3: Skills in genetics counselling
- Unit 4: Ethical challenges in Genetic Counselling

Paper III: Paediatric Counselling **(4 credits)**

- Unit 1: Concepts of Paediatric Counselling
- Unit 2: Development issues
- Unit 3: Skills in Paediatric Counselling
- Unit 4: Ethical challenges in Paediatric Counselling

Paper IV: Psychological Rehabilitation in Cancer **(4 credits)**

- Unit 1: Concepts and components of Rehabilitation
- Unit 2: Primary, secondary and tertiary care
- Unit 3: Community Based Rehabilitation
- Unit 4: Hospice, curative care, palliative care in Cancer illness

Paper V: Field Work -II (400 Clinical hours practicum) **(4 credits)**

- 10 case reports submission based on the clinical postings.
- 1 Case Presentation followed by Viva-voce

Pedagogy for Course Delivery:

- Lectures, presentations, group discussions, and case studies

Theory Assessment (L&T):

Continuous Assessment/Internal Assessment				End Term Examination
Component (Drop down)	Home Assignment	Class Presentation	Field Work/ Clinical posting	
Weightage (%)	10%	10%	10%	70%

Text Books And Reference Books:

- Psycho-Oncology by Jimmie C. Holland (Editor), William Breitbart (Editor), Paul B. Jacobsen (Editor), by Oxford University Press, USA
- Psycho-Oncology Editors: Goerling, Ute (Ed.) by Springer
- Clinical Communication in Medicine. (2016). Papageorgiou, A., Kidd, J., Brown, J., & Noble, L (Eds) United Kingdom: Wiley.
- Counselling and Communication Skills for Medical and Health Practitioners.(1998). Bayne, R., Nicolson, P., & Horton, I (Eds). United Kingdom, Wiley.
- Sadock, B. J. (2007). Kaplan & Sadock's synopsis of psychiatry: behavioral sciences/clinical psychiatry.
- The Biology of Cancer, 2nd Edition; Author(s): Robert A. Weinberg; ISBN: 9780815342205

Annual Fee: Rs 80000/-

*Registration, Examination Fee to be submitted as per University norms.