



Indian Mental Health & Research Centre

Skill Partner

Glocal University, Uttar Pradesh

Recognised by University Grants Commission (UGC), Established under the UP Act 2 of 2012

Professional Diploma in Guidance and Counselling (PDGC)

A Professional Diploma which equips students with essential skills to be a proficient counsellor.

Duration: 1 year

Eligibility: Graduates from any discipline.

Objectives of the course:

- To develop an understanding of the concepts of Guidance and Counselling.
- To develop attitudes, skills, insights and techniques necessary to be an effective counsellor.
- To acquire knowledge of different areas of counselling.
- To familiarize with different types of psychological and diagnostic tests.
- To gain insights into the working of different guidance and counselling centers.

Syllabus: PDGC syllabus comprises of Part A - Theory and Part B - Practicum

Part A

Theory	External Assessment (300 Marks)
Paper I	Skills & Techniques of Guidance and Counselling
Section I	Principles and Techniques of Guidance and Counselling
Section II	Group Counselling and Intervention Strategies
Paper II	Psychological Testing and Different Areas of Guidance and Counselling
Section I	Psychological and Diagnostic Testing
Section II	Counselling Special Groups
Paper III	Educational and Vocational Guidance and Counselling
Section I	Educational Guidance and Counselling
Section II	Vocational Guidance and Counselling

Part B

Practicum	(300 Marks)
Counselling Sessions using various intervention strategies	
Research Project	
Conducting workshops/presentations	
Collection and Dissemination of Occupational Information	
Internship	Minimum 80 hours
Participation in Social Service	Minimum 20 hours

Fee for Indian Students: Rs 40000/- (Complete course)

Fee for International Students: USD 600